



THE NAVAJO NATION

Proclamation

RECOGNIZING NAVAJO NATION BREAST CANCER AWARENESS MONTH

WHEREAS, Breast Cancer is the most commonly diagnosed cancer among Navajo women at a rate of 64.4 per 100,000 women. Making healthy lifestyle choices, including regular exercise and screenings, can help reduce the risk of developing breast cancer; and

WHEREAS, Risk Factors that may increase chances of developing breast cancer include family history, age, drinking alcohol and genetics; and

WHEREAS, Mammogram screenings, recommended for all women age 50 and over, remain the most effective way to identify breast cancer in its earliest stages; and

WHEREAS, Mammography screening funding is available from the Centers for Disease Control and Prevention (CDC) to the Navajo Breast and Cervical Cancer Prevention Program. This Program educates and provides cancer screening to low income, uninsured, or underinsured age eligible women across the Navajo Nation, while, engaging the community and its partners to increase screening rates; and

WHEREAS, The Navajo Nation renews its commitment to fighting this disease, raising awareness of prevention and screening, and supporting those affected by breast cancer.

NOW THEREFORE, I, JONATHAN NEZ, President of the Navajo Nation and **I, MYRON LIZER**, Vice President of the Navajo Nation do hereby proclaim October 2020 as Breast Cancer Awareness Month. We encourage our Navajo people to wear the color pink to raise awareness and to promote healthy living among our Navajo women, families, communities, and Navajo Nation. We call the people of the Navajo Nation to publicly reaffirm our Nation's strong commitment to ending breast cancer through prevention, screening, and treatment.

PROCLAIMED THIS 1st DAY OF OCTOBER 2020

A handwritten signature in black ink, reading "Jonathan Nez".

Jonathan Nez, *President*
THE NAVAJO NATION

A handwritten signature in black ink, reading "Myron Lizer".

Myron Lizer, *Vice President*
THE NAVAJO NATION